

Eat The View



Recipes and Tips

Sweet Potato and Black Beans

sweet potato

Half a can of black beans per potato

Grated cheddar cheese melted on top

Bake the sweet potato and then either just cut it open or scoop it out and mash it with butter and salt.

Place half a can of black beans on top and grate cheddar cheese over the top. Place under the grill to melt the cheese.