

Recipes and Tips



Vegan Tofu Chocolate Mousse

300 g silken tofu 150 g dark chocolate melted 2-3 tbsp maple syrup or to taste An optional pinch of salt

Break up the chocolate into a heat-proof bowl and melt in the microwave, stirring every few seconds to make sure the chocolate doesn't burn.

To a food processor, add the tofu, melted chocolate, maple syrup and optional pinch of salt. Blend until smooth and serve.