

Eat The View

Recipes and Tips

Beetroot chutney

900 g raw beet, grated
450 g onions, skinned and finely chopped
700 g apples, peeled and grated
450 g raisins
1 lt malt vinegar
900 g sugar
30 ml ground ginger

Place all the ingredients in a preserving pan and bring to the boil.
Simmer over a moderate heat until soft and pulpy – about 1 hour. Put into jars and cover.