

Cauliflower and Tomato Crumble

1 head of cauliflower, broken into florets 4 tomatoes, sliced or a can of chopped tomatoes 1 tsp fresh thyme leaves or ½ tsp dried Salt and pepper 25 g butter

100g plain four 50g rolled oats 50g cheddar cheese, grated Salt and pepper 100g butter

Pre-heat oven to 200°C

Steam the cauliflower until almost tender. Pack tightly in a lightly buttered, heatproof dish. Cover with tomato slices or a can of chopped tomatoes. Sprinkle with thyme leaves, salt and pepper, then dot with butter.

To make the crumble, mix the flour, oats, grated cheese, salt and pepper together in a bowl. Melt the butter and stir enough of it into the mixture with a palette knife to make a crumbly mixture. Cool slightly then scatter over the vegetables in a think layer. Bake for about 30 minutes until the crumble is golden brown and crisp.



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