

# Eat The View

## Recipes and Tips

### Lemon, Blueberry, Poppy seed Baked Porridge

**All in fluid oz. not weight**

3oz caster sugar  
3oz brown sugar  
¼ cup veg oil  
1 lemon zest  
¼ cup lemon juice  
2 eggs.  
2 tsp baking powder  
1 tbsp poppy seeds  
1 tsp salt  
3 cups (24 fluid oz) porridge oats  
8 oz milk  
200g blueberries

Mix the sugars, oil, lemon zest and juice and eggs in a bowl. Mix together and add the baking powder, poppy seeds, salt and porridge oats. Add the milk. Then lightly stir in the blueberries.