

# Eat The View



## Recipes and Tips

### Apple and Carrot Dog Biscuits

20oz whole wheat flour, by volume  
4oz oats, by volume  
1 apple, cored and grated (leave peel on)  
4oz carrots, peeled and grated, by volume  
1 egg, beaten  
2 2/3oz vegetable oil  
2-4oz water, note: the apples add moisture, so only add extra water if necessary

Preheat the oven to 150C and grease a cookie sheet.

Core and grate apples; peel and grate carrots.

In one bowl, mix the flour and oats. In separate bowl, beat the egg and mix in the oil, water, and grated apples and carrots. Add wet ingredients to dry ingredients bowl and mix completely.

Carefully roll 'dough' out and cut out desired shape with a small cookie cutter or just cut the dough into pieces.

Bake for 40 – 45 minutes, or until biscuits are firm.

After biscuits cool, see if your dog will share with you. Store in air-tight container.

Serving size: makes 20-24 biscuits depending on size.